



The Buzz



Term 2 Week 10 - Friday 3 July 2020

PDHPE HSC Day



On Friday 26 June, Year 12 PDHPE students were provided with the opportunity to participate in the HSC PDHPE Enrichment Day, facilitated by Daniel Jackson. Daniel Jackson has been a teacher since 2006, and is currently the Deputy Principal at SEDA College in NSW. He is the founder of pdhpe.net. This is a web based learning resource for the PDHPE Stage 6 syllabus. It provides students with valuable information that they can implement for their examination preparations. Head Teacher PDHPE Miss Steph Halpin and PDHPE Teacher Miss Ellen Lowndes, organised the day and ensured as many of their students attended the day as possible.

The day focused on providing information to the students about the best study practices, how to create effective study plans and timetables, how to effectively incorporate mind-maps and flash cards into their study, and how to approach planning and writing possible HSC questions. Students engaged in a range of activities such as producing their own study plans, creating mind maps, and breaking down possible HSC questions.

Students were provided with full syllabus summaries, and flash cards to aid with their studies for their upcoming exams, to accompany all the information they received on the day. Overall, whether it was learning how to approach exam style questions, or gaining insight into the best ways to study, the students came out of the day with knowledge that they can not just apply to PDHPE, but across all their subjects.

Alana Williams
Year 12 student

Tamworth High School is an inclusive centre of innovation, creativity and excellence.

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Principals Report

Having reached the last week of Term 2 of what has been a profound period for our school (and indeed, the entire country), our staff have been working tirelessly to ensure our students finish the term on a positive note and make it through to the holidays so that everyone can have a well-earned break in order to re-charge the batteries ready for Semester 2. Over recent weeks, the school has provided parents with the opportunity to discuss their child's progress via our phone-based parent-teacher interview system, which has been an outstanding success and a strategy that we will be exploring further in the future. In addition to this, students have now received their Semester 1 reports which we have modified to accommodate the recent disruptions to school-life to provide suitable information about how each child has progressed during this difficult period.

As you will possibly be aware by now, the NSW Department of Education released an update regarding the next stages of our return to full-time face-to-face learning - the guidelines for parents was published on our various digital platforms and are attached to this bulletin in case you missed them, there are some significant adjustments scheduled either for the end of Term 2 or the beginning of Term 3. Parents are advised to make themselves familiar with these guidelines and raise any questions or concerns with the school via the normal communication channels. As has always been the case, our focus is upon ensuring every student has access to the best quality educational experiences and we will adapt to the various regulations as they are introduced by the DoE. Please keep monitoring our website and Facebook site for updates. Please provide the school with a current email address to enable us to pass on updates as they are released.

On the staffing front, some parents would be aware that our Head Teacher HSIE position was vacated by Ms Catherine Loughrey due to her promotion to Deputy Principal at Quirindi HS. As a result, I recently convened the open merit selection process for the Head Teacher HSIE position at Tamworth High School. It gives me great pleasure now that the process has concluded, to announce that Erinn Scott

has been appointed permanently to this position. Please join me in congratulating Erinn on this achievement. Just as she has done a great job relieving in this position, I know she will continue to do so as a permanent member of the THS executive staff.

Last week, the DoE commenced rolling out the revised School Improvement Planning system in preparation for the next planning cycle which will run over the next four years. This process will be formally introduced to all staff as a part of the Term 3 staff development day. As such, over the next semester, not only will we be evaluating our progress on our current three year plan, all staff will have the opportunity to contribute to the development of the next plan. School Planning is a critical component in developing our school for the benefit of all students and as such, an area where parents are always welcome to contribute. During Term 3, we will be facilitating opportunities for parents to provide feedback to the school via the 'Tell Them From Me' survey process and giving parents an opportunity to have their say in the development of the next school plan. We would welcome any and all parent involvement in this important process.

To conclude, Term 3 will be an important phase in the re-establishment of regular education delivery at THS, especially for our Year 12 students who will be entering the last phase of their studies. The HSC trial examination planning is in place and hopefully, all students will be ready and willing to undertake this final preparation for the HSC examinations in Term 4. There have been some slight adjustments to the HSC schedule which students will already be aware of and the school is reviewing our calendar of events including the Year 12 Farewell Assembly and Formal to do our best to ensure our students finish the year on a positive note. We will keep you apprised of these developments as decisions are finalised next term.

Mr Daniel Wilson
Principal

Deputy Report

Firstly, we would like to extend our thanks to the learning community of Tamworth High School, the staff, students, parents and caregivers who worked with us to navigate the unique circumstances we found ourselves in throughout this semester. Your patience and willingness to communicate with us regarding the needs of the young people in your care made a complex situation so much more manageable. As this semester draws to a close, we would like to address some of the successes of this semester and the targets for new learning in Term 3.

The start of Term 2 saw the introduction of the new Mobile Devices policy. This addressed concerns around the intrusion of mobile devices in the classroom and their impact on learning. The use of phone cubbies and the strict guidelines for student use of their devices has seen greater engagement in the classroom, a reduction of site based cyberbullying and latecomers. The vast majority of students are to be congratulated on the mature approach they have taken to this new policy. Learning continues to be our priority and as we continue to support this process, we hope to report an improvement in student results as well.

This week we have been proud to announce our new Student Representative Council members for 2020. The new team has already introduced a leadership model to ensure this body has greater impact and accountability to those they represent. This exciting new approach will see greater student involvement in areas such as VIVO and student participation in all areas of school life. The AECG has also launched its 2020 team this term. Excitingly, they have already commenced looking at NAIDOC week, postponed until November this year and are looking for new ways to represent the voice of our Aboriginal students. Planning has commenced on

a strategy to bring all our leadership teams together for the next cycle of our School Improvement Plan, ensuring the ideas of these two important teams is heard as we look to the future for THS.

Reports were issued on Thursday Week 10, for students in Years 7 to 11. Junior reports are slightly different from those you are accustomed to seeing. Progress during the online and face to face periods of instruction is included as well as a future focused statement, providing direction for student improvement as we enter Term three. It is hoped that this model provides the most appropriate reflection on student learning given the context of this learning period. As students return to Term 3, student assessment of learning will recommence, with all students expected to come prepared with the appropriate equipment (books, pens and a bag) and ready to tackle each task in a positive manner.

Student health and wellbeing is a prime concern for all schools. As part of this departmental wide concern is the banning of smoking on all department sites, for all staff, students, and visitors. Some students have indicated they struggle to make it through the day without nicotine. This is something we ask you to speak openly with your child or young person about. Students who are found to be smoking on school grounds will receive a warning and then progress through our discipline system for continued disobedience. Smoking is a recognised health hazard and addiction at this young age is a serious concern. We ask for your support in this matter. Thank you again for your support and we look forward to a more settled and productive Semester 2 at THS.

Ms Megan Marshall
Mr Sam Langston
Deputy Principals

P&C News

The next P&C meeting will be held Tuesday 18 August in the school library at 6.30pm. This will incorporate the annual AGM. All positions will be declared vacant. Considering this will be the first meeting for some time and include the AGM, please submit your interest in a position via email prior to the meeting. secretarythspandc@gmail.com

Pilot in the Making



Year 12 student Stephen Taylor's interest in aviation started at just three years of age when he would accompany his mother to various airports and air shows, where she was a photographer. Naturally, when Stephen was asked what he wanted to do when he finished school, Stephen replied with, 'I want to be a pilot'.

Stephen's first exposure to powered flying was on his 14th birthday. While still in the UK, he was given a taster lesson in a small aircraft. Stephen went off on his lesson and on returning had impressed the pilot so much that he actually took the controls and performed a 'touch and go'. The pilot's response was that Stephen was a natural and had no doubt he would achieve his goal of becoming a commercial pilot. After a couple lessons in the UK, Stephen and his parents emigrated to Australia in August 2018, where Stephen started flying with Tamworth Aero Club, with Chief Flying Instructor Chad Summers, a former ADF helicopter pilot. After completing exams and his first solo flight in October 2019, Stephen was closing in for a 'check flight' which would give him his Recreational Flying License. Then COVID-19 hit, and put a stop to all flying activities.

When flying resumed in late March 2020, Stephen had to repeat more lessons and circuits which he adjusted to as if he had never spent time away from flying. On Saturday 20 June 2020 Stephen was finally ready for his 'check flight'. He completed the intensive course passing with flawless results, with his instructor commenting that this is something he has not often witnessed. Stephen is now flying as the pilot in command with a goal to accrue as many hours as possible and head toward an instructor position with the New England Flight Training team. Once finished school, Stephen is looking at joining a flight school in Sydney to realise his dream of becoming a commercial pilot.

Congratulations on your success Stephen. Your fellow students and staff at Tamworth High School are proud of your continued determination and look forward to hearing of your future success.

Wellbeing

Are you a parent/carer of a student with a disability? If so, the below letter concerns you. The NSW Department of Education is committed to supporting all schools to undertake the required Nationally Consistent Collection of Data (NCCD), and to using the data collection process to help ensure all students with disability are participating and engaged in learning and able to pursue life opportunities.



Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.education.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact Mr Anthony Walmsley, Head Teacher Student Wellbeing on 02 6765 7888 or anthony.walmsley@det.nsw.edu.au.

Kind regards

Mr Anthony Walmsley
Head Teacher Student Wellbeing

National Sorry Day

Tamworth Girls Academy recognised National Sorry Day on Tuesday 26 May 2020. This event has been held in Australia since 1998, to remember and commemorate the mistreatment of the country's Indigenous peoples, as part of an ongoing process of reconciliation between Indigenous people and the settler population. It is a time to remember the survivors of the Stolen Generations and their families, acknowledge their strength, and reflect on how we can all come together to heal.



Students from the Dhiyaan Dhagaan Cultural Group participated in a session that acknowledged Sorry Day and Reconciliation Week. After the presentation, the students created a Sorry Day banner. They brainstormed ideas and decided to put SORRY in the middle of their hand prints which surround the boarder to symbolise how each of us can contribute to achieving reconciliation at Tamworth High School and in our communities.

Thank you to the students who participated in the Tamworth Family Support Services (TFSS) - Community Hub initiative and decorated a hand in honour of Sorry Day and Reconciliation week.



Winning Design

Year 9 student, Dianne Brett was the successful winner of the Tamworth Aboriginal Medical Service (TAMS) T-Shirt design competition in the 16 to 18 year old category. One of the criteria of the competition was for the artist to embed the theme "Living in the Tamworth health district sharing your experiences and view of community". Dianne's storyline demonstrated how Tamworth has faced many obstacles like bushfire but the people as a community always come back together and have always had each other's backs.

Dianne's design will be displayed on TAMS new mascots, merchandise and various other promotions targeted at Youth through the TAMS Youth programs group.

Dianne was presented with her prize from TAMS Executive Assistant, Kevin Duroux, pictured with Dianne opposite. Below is Dianne's sketch of the winning design.



NAIDOC week

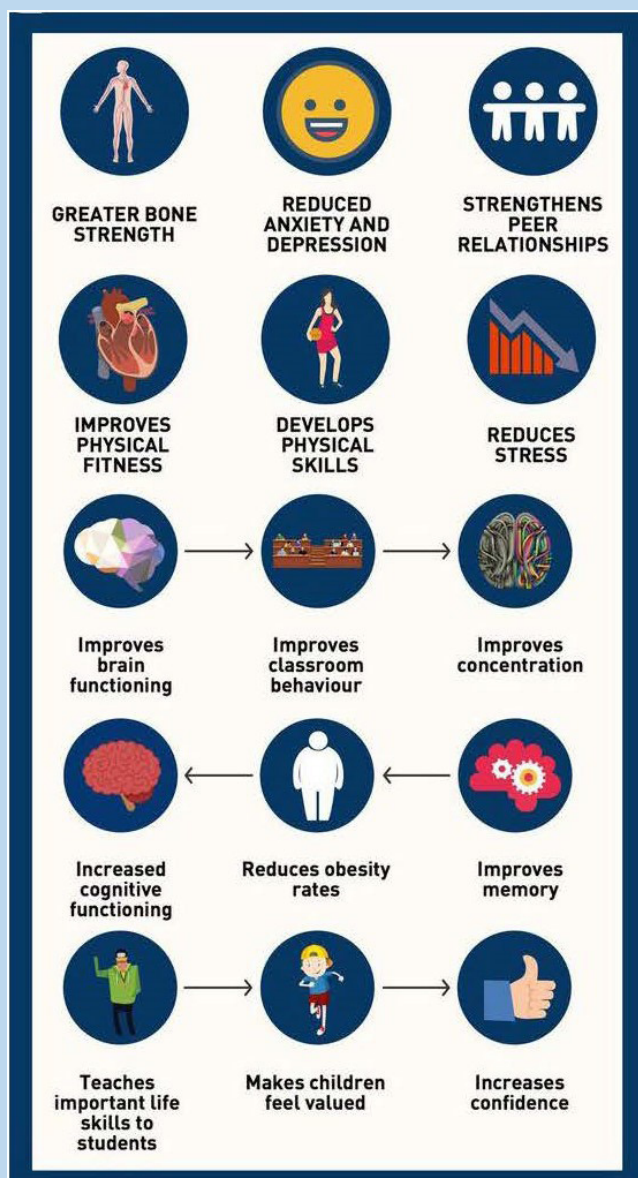


**Always Was,
Always Will Be.**

National NAIDOC Week 2020 celebrations will now be held in Term 4 from 8 to 15 November 2020. The November dates follow the decision by the National NAIDOC Committee (NNC) to postpone NAIDOC Week from the original July dates due to the impacts and uncertainty from the issues surrounding COVID-19 across our communities and cities. The NNC will continue to work with their partners and all key stakeholders to make NAIDOC Week 2020 a suitable and fitting celebration of #AlwaysWasAlwaysWillBe.

PDHPE

The benefits of PE and Sport in schools.



THS HOMEWORK CENTRE

Every Wednesday from 3.30pm to 4.30pm in the school Library

Afternoon tea is provided

HAVE YOU UPDATED YOUR DETAILS?

NEW PHONE NUMBER?
NEED TO UPDATE EMERGENCY CONTACTS?
MOVED HOUSE?
EMAIL ADDRESS?
CHANGED CARE ARRANGEMENTS?

EMAIL TAMWORTH-H.SCHOOL@DET.NSW.EDU.AU
OR CALL 67657888

End of year closure

The final two Staff Development Days of the year (17 and 18 December 2020) are normally pupil free days. However, for 2020, we have made a decision to conduct the professional learning for all staff at earlier points in the school calendar, thus enabling the skills developed during these sessions to be utilised earlier and more effectively by staff. As a result, I wish to inform parents and the wider community, that Tamworth High School will be completely closed from close of business Wednesday 16 December 2020. We do not envisage this causing significant inconvenience given the proximity to the summer holiday break.

School Photo info

School photos have now been received and distributed to students. If you have any issues with your photos, please contact the supplier, The School Photographer on 02 9674 9824 or enquiries@theschoolphotographer.com.au

Northern Excursion

A decision has now been made to postpone the proposed 2020 Northern excursion until 2021. This will be a combined excursion for students in Years 10 and 11 in 2021. Planning for the 2021 excursion is now underway with a proposed departure on Saturday 16 April and a return on Sunday 5 May 2021. An Expression of Interest form has been handed out to all Year 9 and Year 10 students with their reports on Thursday 2 July, and an email sent to all parents with a copy of the Expression of Interest letter attached. The return date for the Expression of Interest letter is no later than Friday 21 August 2020.

If you had paid for the 2020 Northern Excursion and wish to obtain a refund, forms are available at the Front Office.



Are you
a critical
thinker?

Are you
creative?

TAMWORTH HIGH SCHOOL

**4C SUCCESS
PROGRAM**

HIGH POTENTIAL & TALENT
CLASS

APPLY NOW



Can you
work
collaboratively?

Are you
a good
communicator?

Year 7 2021

Do you know of someone starting high school in 2021? THS run a 4C Success Program that encourages students with various talents and abilities to use their creative minds to succeed at school. If you know of someone who may be interested in this opportunity, applications are available now from our office, or we can organise to have an application sent out to you.

Reunion 1965-1970

A reunion is being held on Saturday 28 November 2020 from 6.00pm, at the Tamworth Golf Club for all Teachers and Students who attended Tamworth high School from 1965 through to 1970. Finger food will be provided (minimal cost required) and drinks at bar prices. Activities are being scheduled for Sunday 29 November, details to be provided. If you are interested in attending please contact. Barbara Willibrands (Yates) 0416 610 046 or email barbara.willibrands@hotmail.com. Karen Mow, email drkandbon@gmail.com or Murray Longfield 0438 849 227 email murray.longfield@gmail.com. Mailing address is PO Box 739 Botany NSW 1455.

THS Kitchen

Beef Stroganoff

Ingredients

- 300g rump steak, trimmed and sliced very thinly
- 2 T cup plain flour
- 1 teaspoon smoked sweet paprika
- ½ cup vegetable oil
- 150g button mushrooms, sliced
- 1 cloves garlic, chopped
- ½ cup tomato paste
- ¼ cup beef stock
- 1 tablespoons Worcestershire sauce
- 150ml sour cream
- 2 cups of cooked rice or pasta



Method

1. In a large bowl, combine the flour, salt, pepper and paprika. Toss the beef strips thoroughly through the mixture.
2. In a large, non-stick chef's pan, heat ¼ of the oil over high heat until it is just smoking. Place 1/3 of the beef mixture into the pan and toss for 2 minutes until it is golden brown. It is important to have a large enough pan and not to overcrowd it. Repeat this process with remaining oil and beef mixture.
3. Reduce the heat to medium high. Place the last of the oil in the pan and sauté the mushrooms and garlic until softened. Add tomato paste and stir for a further minute. Add stock, Worcestershire sauce and sour cream to the pan. Return the beef and stir for a minute or two until well combined and warmed through. Do not boil sour cream.
4. Serve with rice, pasta or mashed potatoes