

# Tamworth Girls Academy

## - Tamworth High School -

### 2018 Newsletter | 3<sup>rd</sup> Edition



## Harmony Day: March 23

On March 23, Kooriana Boney and Wirrindah Whitton were invited to perform at the Tamworth Regional Council's 2018 Harmony Day Celebration, which was held on Fitzroy Street.

The girls were invited to attend the celebration after Tamworth Regional Council's Cultural Development Officer, Andrea Bruno, attended the Tamworth Girls Academy International Women's Day event, and was suitably impressed with Kooriana Boney's dance performance.

Kooriana co-choreographed the dance that was performed, and she has since been sharing the dance with Wirrindah. Both girls have amazing talent in the art of dancing, resulting in them both being shortlisted by the Bangarra Dance Theatre.

Congratulations Kooriana and Wirrindah.



## Rewards Day

The Tamworth Girls Academy wrapped up Term 1 with a reward for the girls that have achieved outstanding attendance. Girls from Years 7 and 8 attended the local Forum 6 Cinema to view the screening of 'A Wrinkle in Time.' They were able to indulge in popcorn and a drink to enjoy the full experience.

For some it was their first outing with the Girls Academy, and all students were well behaved.

The girls are looking forward to seeing what the remainder of the year brings, if they maintain good behaviour and ensure they are working hard at school.



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#### Baabi Li Wirribiyaan – Senior Excursion

It was an early Sunday morning rise for thirteen of our senior girls who made the trip to Sydney for the 2018 Tamworth Girls Academy Senior Excursion. Baabi Li Wirribiyaan (young girl camp) comprised of various exciting activities, with some getting the nerves rolling and stomach butterflies fluttering.

It was a divided group with majority of the girls cheering on the Penrith Panthers, while only a few Parramatta Eels fans nursed their disappointed with their loss. The NRL game was a first for many students, and the opportunity to experience the atmosphere of a live game at the ANZ Stadium was a great experience. A few girls were lucky enough to snap a “selfie” with the NRL players as they walked their victory lap.



After the game, hungry bellies were filled at Sydney Olympic Park's, Ribs and Rumps before we settled into our rooms. It wasn't long before our heads hit the pillows, with such a big first day, there were plenty of tired bodies.

After waking up on Monday morning in Sydney, we soaked up some sun and the sites on our morning stroll to the Australian Museum. The morning was well spent with an educator-led session through the Gadi Exhibition. Our girls enthusiastically immersed themselves in the session led by Renee, which exhibited both historical and contemporary objects and archaeological materials that are being displayed



to the public for the first time. It was an opportunity to learn some of the rich culture and language of the Gadi people. The session ended with a weaving workshop, in which the girls utilised lomandra grass to learn the weaving process for the purpose of producing a symbolic fish hook.

Our girls were very surprised at how much they enjoyed the museum experience and what they had learned. With so much to offer, the girls did a little more exploring to see what else the museum had to offer.

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#### Continued...

Circular Quay was a sight to see, as we settled down for a picnic lunch. It wasn't long before we weren't just looking at the Sydney Harbour Bridge, but we were climbing its inner arch. Many of the students and staff put on a brave front and faced their fears, with everyone completing the climb. They were very glad they did, as it was a great experience seeing Sydney from above and hearing of the city's history throughout the climb. The experience was a little daunting for some, as they didn't enjoy walking high above eight lanes of traffic. They were able to manage snapping a few photographs before completing the climb down. It was a great experience and definitely one to tick off the bucket list.



During a casual stroll through The Rocks we stopped in at "StickY" the local lolly shop, which helped satisfy the sweet tooth. We were just in time to watch a demonstration of the lolly making process, and we were lucky enough to sample the product.

Dinner with a view was an understatement, as we dined whilst sitting next to the Opera House. We could look out over the Sydney Harbour at the Bridge and the lit up Luna Park in the distance. There's always no doubt that everyone has room for dessert, and a visit to Max Brenner was on the cards. With so much chocolate on the menu, the girls indulged in their selections that included milkshakes, waffles and chocolate fondue.

We had some delicious food throughout the trip, but there was a great opportunity to taste the food of their own doing at a cooking workshop. This was facilitated by our partners Nestle at the Sydney Cooking School in Neutral Bay. The girls formed groups and created a two course meal; Thai chicken salad followed by an apple and apricot crumble. They enjoyed their creations together before hitting the road.



A big thank you to our partners Nestle, especially Rashna, Kristen and Katrina, for their organisation skills and for helping the girls to make some quick, easy and tasty foods that can be replicated at home.

Our senior girls conducted themselves very well and represented themselves, the school and Girls Academy with pride. It was a fun filled few days with many experiences and memories; everyone was looking forward to returning to their comfort zones and getting stuck into achieving their dreams.



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## Katrina Bone

Welcome aboard Katrina Bone!

Katrina was born and raised in the Blue Mountains NSW, and relocated to Tamworth two years ago with her husband and four children aged 17, 15, 11 and five. She enjoys listening to music, holiday cruises and watching her boys play rugby league.

Katrina has recently completed her Diploma in Youth Work. She is passionate about guiding and supporting young people in their personal, social and educational development, and assisting them in reaching their full potential.



"I am over the moon to be given the opportunity to be involved with the Girls Academy, and I am looking forward to supporting our girls throughout their schooling life and watching them succeed".

## Upcoming Events

- May 16 – Careers Expo (THS)
- May 28 – Wollatuka Visit (THS)
- May 31 – Cross Country / Colour Run (THS)
- June 1 – Reconciliation Walk – Tamworth Regional Council
- June 18 – PM&C Report Due
- June 27 – 29 – UNE Youth Leadership Camp (Proposed)
- July 3 – Cultural Sharing Day (THS, Proposed)
- July 4 – Rewards Day (Proposed)
- July 8 – 12 – Year 12 Summit (Proposed)
- July 8 – 15 – NAIDOC Week 2018 (School Holidays)