

Tamworth Girls Academy

- Tamworth High School -

2018 Newsletter | First Edition



Welcome to 2018

Yaama, welcome back to all our Tamworth Girls Academy students, we are looking forward to successful and bright 2018. A big warm welcome to our new students that will be joining our future endeavours, we can't wait to work with you and support you throughout the year to come. The Girls Academy provides many amazing opportunities for our young women and we are excited for our girls to share their experiences with the program.

2017 was an extremely busy year for the Tamworth Girls Academy with the implementation of the academy at Tamworth High School and the development of programs for our students. The girls have had the opportunity to participate in a range of programs and activities including Ochre, Wirribiyaan (Formally 7/8 Girls Academy Face Time), lunch cook ups, reward days and excursions, nutritional programs, Girls Academy Annual Regional Showcase and much more.

Lunch time cook ups have been a favourite, with the girls enjoying a variety of healthy meals and the odd pizza treat. The incorporation of the Nutritional Program into the cook ups has allowed students to share the experience by planning the menu, shopping for ingredients and preparing the meals for their peers.

It doesn't stop at cooking with the Tamworth Girls Academy, having a number of girls showcasing their talents in other disciplines throughout our school and community events. Singing and dancing has been a feature in many, with the Girls Academy housing numerous gifted students in all facets of school and community life.

Our girls have displayed their artistic attributes providing artwork for the Girls Academy Room, as well as the design of a Coolamon as part of the cultural component for the regional showcase.

Sporting achievements can be attributed to numerous girls, having represented in various sports at local, national and international levels. Our girls participation in sports are vast, housing oztag, netball, water polo, rugby and hockey players just to name a few.

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A special mention and our congratulations must go to our school captains Georgia Taggart and Paris Knox and our 2017 Year 12 graduate students for an outstanding year. Whilst your time with the Tamworth Girls Academy has been merely a taste, we have thoroughly enjoyed getting to know you all and wish you all the best for the future. We are confident you will all do great things and look forward to hearing of your successes, for you will become our future leaders enabling development and empowerment for our communities and initiating change for the better, to support our forthcoming generations.

We hope everyone had a very Merry Christmas, a Happy New Year and enjoyed a safe holiday. The school year has begun and we wish you all the best for 2018, and look forward to sharing in your journey to success.

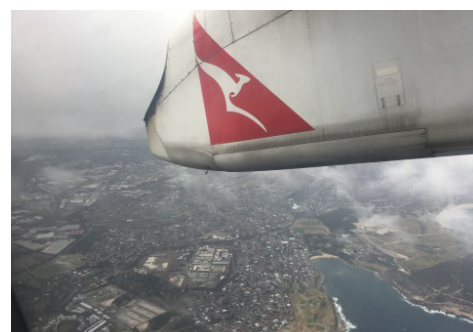


Nestle Future Leaders Forum

The Nestle Future Leaders Forum presented the opportunity for two of our academy girls, Giaan and Shauny, to represent Tamworth High School, Tamworth Girls Academy and themselves in the nation's capital from the 11th – 14th of August. The forum was developed

by Girls Academy partner Nestle, which saw approximately 12 girls from Academies across NSW come together to engage in workshops to encourage strong leadership in the future.

Special guests were abundant, all strong independent women and leaders and all bringing valuable information to the forum. A highlight for the girls was Ms Kristal Kinsela, 2017 NSW Aboriginal Woman of the Year, who proudly shared her stories and experiences. Many of the guest speakers shared their struggles and triumphs emphasising achieving your goals isn't always straight forward and whilst you may face barriers your dreams are most definitely achievable.



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Whilst the workshops were very informative the girls enjoyed some fun and games also, from tours of the AIS and Parliament House through to dining at classy restaurants it was an invaluable, holistic experience.

We are grateful for the opportunity that Nestle have provided for our girls, for some this even includes their first ever airplane trip. We look forward to what the future holds for both these girls and those involved with the academy. Thanks to Nestle for their ongoing contributions to our program and to all involved in the event with special mention to Rashna, Katrina and Paul for all your efforts in organising a successful event.



YES Program

A group of students from Tamworth High School participated in the YES (Youth Engagement Program) at TAFE New England for two weeks in Term 4.

This program gave students a taste of a variety of programs that can be offered by TAFE NSW and they had the opportunity to participate in introductory workshops including beauty, hairdressing, construction, nutrition and fitness. They received an insight into career options that are available and then calmed their thoughts with meditation. Students learned about the importance of their holistic wellbeing, resilience in life and identified their strengths.

Many students are now considering their futures with a greater understanding and looking to pursue their career paths more confidently knowing there is support available and endless opportunities if you work hard at school.

The girls have thoroughly enjoyed the program and look forward to utilising their newly learnt skills in everyday life. We are grateful for the opportunity to participate in the program facilitated by TAFE New England and thank Karen and her team for their commitment and dedication to the future of our youth.



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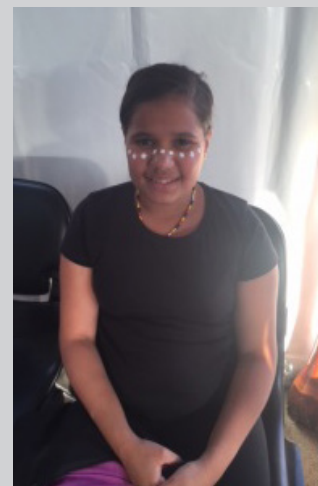
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Capers and School Spectacular

Tamworth Girls Academy had a number of girls partake in the Capers and School Spectacular Events of 2017.

Capers 2017 “Far, Far Away” was a Performing Arts exhibition to showcase dance and singing capabilities from children from the Far North West – North West- Hunter regions of NSW. The student ranged from Kindergarten right through to year 12 and all performed together to form the production.



Our girls were part of both the Aboriginal dancing and the “Time Warp” performance which showcased dance movement from the 60’s, 70’s, 80’s & 90’s, both wowing the crowd with their efforts.

Danielle Fogg (Yr 10) sang “Yil lull ay”, the song accompaniment to the Aboriginal component, whilst Kooriana Boney co-choreographed an amazing joint performance with another student.

Additionally, a number of our girls showcased their talents at the School Spectacular in Sydney in both the indigenous and main stream performances. Again our students were outstanding receiving a solo performance to showcase their talents. The School Spectacular proceedings will Air on Saturday 16th December, 2017.

All girls are to be congratulated on a superb outcome! All girls showed commitment, dedication and motivation to their performances. They are a credit to their families, their school and of course our academy. Well done girls!



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Capers and School Spectacular

Baabi Li Miyay (meaning Girl Camp) took the 2017 Tamworth Girls Academy to Sydney. Girls lucky enough to participate were selected based on their attendance and behaviour at school. The girls enjoyed an actioned packed few days with highlights being Wet 'n' Wild, Aqua Golf and the Australian Museum.

We had some delicious food throughout, enjoying the Penrith Panthers for dinner followed by Aqua Golf. All girls participated and tried their hand at the golf sticks, proving harder to hit the targets then initially thought.

Wet 'n' Wild got exactly that with some weird and wacky slides and screams no doubt heard at home. The girls enjoyed the wave pool and the tubed slides whilst others relaxed in the whirlpool. A number of students and staff tested their nerves on the 360 rush, some even returning for a second thrill.

A trip into the city to the Australian Museum was another favourite and a little surprising for the girls. A hand on experience, the girls enjoyed a weaving workshop and learning about the culture as well as free time to explore their interests.

We finished up the excursion with a trip to Max Brenner to hit the sweet tooth, an experience itself for the girls. From waffles, to soufflé, to milkshakes, to brownies and everything in between the girls thoroughly enjoyed the experience and the chocolate was a crowd pleaser.

All girls were extremely well behaved and enjoyed the experience, many first time events for the girls. Everyone was tired and was looking forward to home, but the girls were already planning and excited for what the 2018 end of year excursion will bring.

Thank you to Mrs Ripley for accompanying us on the excursion and for giving up quality time with your family to share this experience with us.



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Girls Academy Awards Night

With a massive year now behind us, we finished off with our 1st Tamworth girls Academy Awards event. Our girls were congratulated on their participation in the academy with many awarded for their personal achievements throughout 2017.

Throughout the event a number of girls entertained our guests, singing and dancing. These amazing performances wowed the audience and set the scene.

We had the opportunity to give the guests a snapshot of the programs and events the Tamworth Girls Academy have enjoyed throughout 2017, through an iMovie presentation. The presentation displayed just some of the things we are involved with here at the Girls Academy.

An enjoyable end to the year, everyone leaving with full bellies and smiling faces. Again, congratulations to the award recipients and our graduates of 2017.

Thank you to all our girls and families for their effort and support throughout the year, we thank you all for attending and look forward to working alongside you in 2018.

