

Tamworth Girls Academy

- Tamworth High School -

2017 Newsletter | Fourth Edition



UNE Camp 11 & 12

On Wednesday, 23rd of August, Tamworth Girls Academy Students Kooriana Boney and Deanna Holley-White travelled to the University of New England in Armidale to attend the Kimika Urala Aboriginal & Torres Strait Islander Girls' Youth Development Camp.



The girls participated in a variety of university lectures and sessions as well as cultural identity and dance. The Law and criminology were popular among the girls where they had the opportunity to experience a mock court trial and take a "mug shot". Kooriana showed her outstanding leadership skills nominating to be the lead in the dance performance, which was strongly performed. Other sessions attended included team building, fitness, goal setting and resume writing.

A professional and student panel addressed the girls and spoke about their life journeys including their career paths. It was identified there are multiple ways to achieve your career aspirations and also acknowledged the variety of entry pathways to attend university.



The event concluded with a presentation dinner on Friday, 25th of August where both of the girls received recognition for their participation and engagement in the 3 day camp. Kooriana received the "Respect" award partnered with a gift card for her leadership and respectful behaviour, whilst Deanna also received an award and gift card.

Both Kooriana and Deanna thoroughly enjoyed the experience. They displayed outstanding behaviour and commitment to the camp and are a credit to themselves, their families and their school.

Congratulations girls.

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Nutrition Program

A group of students from year 7 were the first to participate in the nutritional program run as part of the Tamworth Girls Academy. These girls had been identified through their interests recorded with the academy and had the opportunity to develop a menu, shop for the ingredients and prepare the food for the lunch cook up. This program aims to inform our girls around healthy choice options, quick and easy home cooked meals that are cost efficient.

On the menu was lasagne, chicken carbonara, fried rice, salad and bread rolls. Each of the girls participated in preparing the food and was the first to sample their produce. The girls that joined us for lunch were very impressed with the food that had been prepared and thanked to the students for their efforts.



Hannah, Shakaya, Lyiara and Stephanie, enjoyed participating in the program and they themselves were very surprised at how simple, quick and easy and cost efficient these dishes were to create, coming in at around \$1.85 / serve.

We hope to continue with this program throughout the remainder of the year and into next year, with a number of

other students keen to get involved.

Year 12 Graduation Lunch

2017 is nearing the end of a chapter for our year 12 students, for what has been a short journey with the Tamworth Girls Academy for these students. The staff and fellow Girls Academy peers are looking forward to hearing of their achievements and what their futures hold. These girls attended a graduation lunch at Carmen's Little Taste of Italy Restaurant with the Girls Academy staff and AEO Kelli Allan, as congratulations on what is a great achievement. We wish the girls the best of luck on their new journey, in the "big" world.



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Term 3 Rewards Day

The Tamworth Girls Academy combined forces with Oxley Girls Academy to wrap up the end of term with a trip to the Forum 6 Cinema.

The girls attended as part of the rewards program for shining bright and achieving 85% or greater attendance for Term 3. We indulged in popcorn and a drink whilst watching the film 'Gifted' and returned to fill our bellies with a pizza treat before returning to class. The girls are looking forward to what term 4 will bring.



Jelneetah Fogg — Development Officer

Welcome aboard!

I was born in my father's hometown of Collarenebri (Kamilaroi) but was raised in my mother's hometown of Wellington (Wiradjuri) since the age of 4. My family and I relocated to Tamworth at the end of 2015.

I come from 20 years working in Health, Ageing and Disabilities. However, I believe the skills, experience and knowledge gained over those years can be utilised to help the Indigenous girls in this program to become strong, independent women of tomorrow. This starts with a good education. I am married to a Wiradjuri man also from Wellington and we have 3 beautiful children, our youngest daughter 8 while our other pigeon pair who are 16 year old twins. I enjoy sports, mingling with the mob, munging on a good feed of curry & dodger (bread) while laughing and enjoying myself in the company of family & friends. I am the eldest of 8, 6 of us are girls so know a little bit about girls groups!

"I can't wait to pass on knowledge, wisdom and guidance handed to me from the many Aunties along the way. Many of these women (both past & present) have taught me life's values, our independent worth and how to create our own dreaming through our current living. They have taught me culture, language and identity!"

